

# PSHE Policy

## Aims of policy:

Our overarching aim for Personal, social, health and economic education (PSHE) enables children to become healthy, independent and responsible members of society. Within our Federation, children are encouraged to play a positive role in contributing to the life of the school and the wider community. We will encourage pupils to understand rights and responsibilities and learn to appreciate what it means to be a positive member of a diverse multicultural society understanding British Values. Through this role, children develop their sense of self-worth. Children will have the learning opportunities split into four core themes: Health and Wellbeing, Relationships, and Living in the Wider World and social-emotional literacy.

## Intent:

Through the teaching of PSHE, we intend for our pupils to:

- Understand the school and British values; their impact on their daily lives and within the school and the wider community including that of the Christian faith
- Know that everyone in society should have an equal opportunity and be treated fairly; to know that certain characteristics are legally protected against discrimination (age; disability; gender reassignment; marriage and civil partnership; pregnancy and maternity; race; religion or belief; sex; sexual orientation).
- Know and understand what constitutes a healthy lifestyle
- Know how to keep themselves and others safe
- Understand what makes for good relationships with others
- Have respect and tolerance for others
- Be independent and responsible members of the school community
- Be positive and active members of a democratic society
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- Develop a knowledge and appreciation of money and the effect it has on themselves and others
- Develop good relationships with other members of the school and the wider community

## Implementation:

The teaching of PSHE in St Michael’s Federation will:

<p><u>Develop social-emotional literacy</u> This is developed through the Finding Your Way programme. Six emotions are taught across the whole school across two years and are linked to stories related to that emotion e.g. The Sad Skeleton</p>	<p><u>Improve Relationships</u> Relationships education is taught throughout the schools at an age-appropriate level. It reflects the diverse society we live in and is respectful of all relationships, friendships and families. We teach our pupils how to feel safe in a relationship and how to ask for help if needed. Please see our RSE policy for further information.</p>	<p><u>Health and Wellbeing</u> Across all age ranges we teach the importance of health and mental well-being. Pupils learn about the characteristics of good physical and mental health including: mental well-being; internet safety and harms; physical health and fitness; healthy eating; harmful substances; health and prevention; basic first aid and changing bodies.</p>
<p><u>Living in the Wider World</u> Our pupils are taught how to be good future citizens. As part of this</p>	<p><u>British Values</u> British values are a part of our everyday school life and are taught</p>	<p><u>Promotion of PSHE</u> PSHE is promoted throughout our curriculum using appropriate</p>



Growing to be the best that we can be for God, Ourselves and Each Other  
*Thessalonians 5:11: Therefore encourage one another and build one another up, just as you are doing.*

<p>work, pupils will learn about communities, protecting the environment, careers, financial health, media influences etc. Our pupils take part in the York Minster Youth Leader Awards where they lead community projects.</p>	<p>within and beyond our PSHE curriculum. Children learn about the importance of the law and democracy and current affairs are discussed with children at an appropriate level. Our work on British values is complemented by our Christian values which are taught in collective worship.</p>	<p>curriculum links within subjects such as literacy, geography, history etc. In addition, whole school initiatives such as anti-bullying weeks, peer mentors, well-being champions, celebration worship, charity events help children to implement the teaching of PSHE. PSHE is a lived curriculum which is enhanced and developed within the everyday life of the federation.</p>
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For the breakdown of key stages and progression see the progression maps.

**Impact:**

We will monitor and measure the impact through:

- Assessment drops
- Pupil Conferencing
- Book Scrutiny
- Lesson monitoring
- Review of teacher expertise and subject knowledge

The monitoring of PSHE teaching and pupil progress is the shared responsibility of teachers, the subject leader and the senior leadership team as well as the governing body. The work of the subject leader includes supporting colleagues in the teaching of PSHE, keeping up to date with current developments as well as providing a strategic lead and direction for the subject.

This policy should be read in conjunction with the following policies:

- Relationship and Sex Education Policy
- Equalities Policy
- Anti-Bullying Policy